

Welcome, Nurseketeers

March 25, 2021

# Nurseketeers Newsletter

## CHANGE

Now is definitely a time for adapting to change... and whether change is good or bad can depend upon our attitude. My mom taught me two *old saws* that serve me well. The first is "*Change is inevitable; suffering is optional*" and the second is "*See challenges as opportunities whenever possible*".

Don't complain, **DO something!**



We may not always be able to prepare for change, but we can choose how we respond to it.



**JD and T Baker and Goodman**  
 a book bubble about  
**A, B, & Cs of Author Partnering**  
 Education & Reference

[synopsis](#) | [bio](#) | [website](#)



**Author Insight**

**Prepare for Change**

Anticipating change and exploring techniques to adapt before unexpected events can interfere with the current reality helps us weather change without resentment or disappointment.

**Book Excerpt**

*A, B, & Cs of Author Partnering*

Life events might prevent one partner from completing the project or from continuing at the same level of participation. Considering such possibilities early in the partnership, and making provisions in the contract for managing change can prevent confusion and discord. Negotiating the contract details can be an intense experience for the partners as the process forces them to step back and consider the implications of their decisions and to find shared meaning in their relationship in anticipation of a new and fulfilling interaction.



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